

CERTIFICATE OF PARTICIPATION

This is to certify that

John Duncan

Has successfully participated & completed the

8km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:34:18

PACE 11:46/km

OVERALL 29 of 47

GENDER 19 of 22

60 - 69 1 of 1

21 July 2019, Sun

Date



BoutTime

Signature

